

STUTTGART



# At a Glance



# DAS LEUZE

[stuttgarterbaeder.de](http://stuttgarterbaeder.de)

# Rich in carbonic acid, crystal clear and dewy

Stuttgart is home to the largest mineral water resource in Western Europe. Officially certified medicinal water flows in all three mineral spas in Stuttgart. Here at **LEUZE thermal spa**, **three mineral water springs** are used for your well-being. **Two of these springs** have been **officially certified medicinal sources**. A true natural treasure for body, mind and spirit.



## Water analysis of the officially certified medicinal springs

	Inselquelle	Leuzequelle
Mineral water type	Sodium-Calcium-Chloride-Sulfate-Hydrogen carbonate Naturally acidic	Sodium-Calcium-Chloride-Sulfate-Hydrogen carbonate Mineral spring water
Withdrawal temperature (°C)	20,9	19,7
	mg/l	mg/l
Free and dissolved Carbon dioxide (CO <sub>2</sub> )	2.100	1.440
Cations		
Calcium (Ca <sup>2+</sup> )	754	549
Lithium	4,1	2,4
Magnesium (Mg <sup>2+</sup> )	99	85,3
Sodium (Na <sup>+</sup> )	1.080	647
Potassium (K <sup>+</sup> )	81,8	50,4
Iron	3,5	2,1
Anions		
Chloride (Cl <sup>-</sup> )	1.480	923
Sulfate (SO <sub>4</sub> <sup>2-</sup> )	1.220	914
Hydrogencarbonate (HCO <sub>3</sub> <sup>-</sup> )	1.507	1.092

### Indications:

- Heart, vascular and circulatory diseases
- Diseases of the musculoskeletal system (rheumatic diseases)
- Diseases of the respiratory organs
- General states of weakness
- Convalescence
- Neurological and neurovegetative disorders
- Skin diseases
- Pain including back pain

### Contraindications:

- Acute inflammatory processes
- Recent heart attack
- Fresh inflammatory liver and gall bladder disease
- Florid gastric or intestinal ulcers
- Cachectic conditions
- Decompensated heart disease
- Decompensated metabolic disorders

If you have any health restrictions, please consult your doctor.

# Spa complex

- ① Main entrance, foyer with cashier area
- ② LEUZE gastronomy
- ③ Exercise pool approx. 34 °C / 93 °F (Leuzequelle)
- ④ Sitting and reclining pools approx. 34 °C / 93 °F (Leuzequelle)
- ⑤ Thermal spa indoor pool with water attractions  
October to April approx. 32 °C / 90 °F  
May to September approx. 30 °C / 86 °F (Mombachquelle)
- ⑥ Warm bubble bath approx. 36 °C / 97 °F (Mombachquelle)
- ⑦ Thermal spa outdoor pool with water attractions  
October to April approx. 32 °C / 90 °F  
May to September approx. 30 °C / 86 °F (Mombachquelle)
- ⑧ Natural, chlorine-free spring water indoor pool approx. 20 °C / 68 °F (Inselquelle)
- ⑨ Outdoor pool »Mombach«  
October to April approx. 27 °C / 81 °F  
May to September approx. 24 °C / 75 °F
- ⑩ Natural, chlorine-free spring water outdoor pool approx. 20 °C / 68 °F (Insel/Leuzequelle)
- ⑪ Wading pool approx. 14 °C / 57 °F (Mombachquelle)
- ⑫ Paddling pool approx. 24 °C / 75 °F (Mombachquelle)
- ⑬ Children's playground
- ⑭ Entrance to screened nude beach
- ⑮ Entrance to summertime restaurant, sports and games
- ⑯ Sport area with beach volleyball and multifunctional sports field

# Sauna area

- ⑰ Access to cold pool hall
- ⑱ Plunge pool approx. 15 °C / 59 °F, refresh pool approx. 20 °C / 68 °F (Mombachquelle)
- ⑲ Bistro
- ⑳ Sauna terrace for light and air baths
- ㉑ Relaxation room
- ㉒ Entrance/Showers
- ㉓ Outdoor Sauna approx. 95 °C / 203 °F (currently closed)
- ㉔ Sauna terraces for light and air baths
- ㉕ Ice fountain
- ㉖ Silentium relaxation room
- ㉗ Access to sauna area

## Winzer-Sauna

- ㉘ Panorama Sauna approx. 90 °C / 194 °F with a view of the vineyard and a summertime terrace
- ㉙ Showers
- ㉚ Kessel-Sauna approx. 90 °C / 194 °F
- ㉛ Relaxation Bath approx. 50–60 °C / 122–140 °F
- ㉜ Sun deck
- ㉝ Tepidarium approx. 37 °C / 99 °F
- ㉞ Relaxation room with SPA waterbeds

# Children's Land

- ㉟ Kid-friendly showers
- ㊱ Non-swimmer pool approx. 34 °C / 93 °F
- ㊲ Paddling pool approx. 34 °C / 93 °F
- ㊳ Entrance to warm water bathing hall

- Footbath
- Fireplace corner
- Warm bath approx. 50–60 °C / 122–140 °F, ceramic relaxation lounge chairs and mineral water vapor
- Cool-off area
- Cedarwood Sauna approx. 90 °C / 194 °F
- Steam Sauna approx. 45 °C / 113 °F with starlight ceiling
- Showers
- Dry Sauna approx. 100 °C / 212 °F
- Finnish Sauna approx. 90 °C / 194 °F
- Aroma Bath approx. 70–80 °C / 158–176 °F
- Warm air room approx. 55 °C / 131 °F with color light therapy
- Steamroom approx. 48 °C / 118 °F



Insel- and Leuzequelle, officially certified medicinal spa: sodium-calcium-chloride-hydrogen carbonate spring water

# DAS LEUZE

# Opening hours & Admission

## Opening hours

<b>Swimming pool</b>	Monday to Tuesday	6 am to 9 pm
	Wednesday to Saturday*	6 am to 11 pm
	Sunday	6 am to 9 pm
<b>Children's land LEUZE</b>	Monday to Sunday	8 am to 9 pm
<b>Sauna women and men</b>	Monday to Tuesday	8 am to 9 pm
	Wednesday to Friday	8 am to 11 pm
	Saturday	7 am to 11 pm
	Sunday	7 am to 9 pm
<b>Winzer-Sauna women and men</b>	Monday to Tuesday	10 am to 9 pm
	Wednesday to Saturday	10 am to 11 pm
	Sunday	10 am to 9 pm

Last admission one hour before closing.  
Pools close 20 minutes before facility closing.

\* **Clothing-free swimming** wednesday to saturday 9:00 pm to closing time of the pool hall. The outdoor pools are closed from 8:40 pm.

Open all year round. Christmas Eve and New Year's Eve open from 6 am to 12 pm, on New Year's Day from 1 pm. Closed on Good Friday and Christmas Day. Sunday opening hours apply on all other public holidays.

Children up to and including 9 years of age are only admitted with an adult accompanying person. Minors are only allowed to enter the sauna with a parent or guardian.

## \* Reduced prices for

- ▶ children/youth from 7 to 17 years inclusive
- ▶ students in general education or technical schools, university students
- ▶ disabled persons.

The corresponding ID must be shown; in addition, the presentation of the identity card may be requested.

## Other prices

**Euro**

<b>"Schwabenkarte" with discount of 5 %</b>	
on the non-reduced single admission and the sauna admission price	50,00
<b>"Schwabenkarte" with discount of 10 %</b>	
on the non-reduced single admission and the sauna admission price	100,00
<b>"Schwabenkarte" with discount of 15 %</b>	
on the non-reduced single admission and the sauna admission price	200,00
<b>"Schwabenkarte" with discount of 20 %</b>	
on the non-reduced single admission and the sauna admission price	400,00
Card deposit	3,00

No discount on electronic coins for multiple use and reduced single admissions.

## Admission prices

		<b>Euro</b>
<b>Swimming pool</b>		
	<b>Single admission daypass</b>	
	normal . . . . .	14,00
	reduced price* . . . . .	11,20
<b>Single admission bathing time 2 hours</b>	normal . . . . .	9,50
	reduced price* . . . . .	7,60
<b>Electronic chip for multiple use 2 hours</b>		
	10 admissions to pay, the 11th for free	
	normal . . . . .	95,00
	reduced price* . . . . .	76,00
<b>Surcharge</b>		
	for each additional 20 minutes of bathing time	
	normal . . . . .	0,80
	reduced price* . . . . .	0,70
<b>Sauna</b>		
<b>Surcharge</b> on the swimming pool admission price . . . . .		6,00
Can be charged on electronic chip		

## Important informations

**Children up to and including 6 years** have free admission to the swimming pool.

Children/young people and their accompanying adults can pay for admission with the **Stuttgart FamilyCard**. "Schwabenkarte" and vouchers cannot be purchased with it.

**Accompanying persons of severely disabled persons** receive free admission if a "B" or "H" is entered in the severely disabled person's ID card.

**Price reduction of 1.00 Euro on the single admission ticket** for holders of the Stuttgart Bonuscard.

When leaving the pool, the admission ticket **loses its validity**.

Electronic chips for multiple use, "Schwabenkarte" and vouchers are valid for **4 years from purchase**.

**DAS LEUZE**

Am Leuzebad 2–6, 70190 Stuttgart

Telefon +49 711 216-99700

[stuttgarterbaeder.de/kontakt](http://stuttgarterbaeder.de/kontakt)